

## **NEWS FLASH – HCSC TOILET AVAILABLE**

This is the good news that some of you have been waiting for. Yes, we can now open the toilets. There is not enough room for social distancing so **one person at a time....in each toilet**. The Changing rooms, however, must remain closed.

**The bad news is that there has to be a procedure.** As ever these days, it centres around hand washing and sanitising surfaces. We have tried to keep it as simple and yet as safe as possible. You will find it at the end of this newsletter and there are copies outside each toilet door. Please do follow it to protect yourself and other members.

Our cleaner will be coming twice a week as usual for the summer season but there will be no cleaning between her visits. **We are all dependent on fellow members being as careful as possible about avoiding Covid19 and not spreading it to others.**

There are a couple of important provisos concerning the use of Club facilities:

1. Government guidelines prevent the provision of changing facilities and the use of the main clubhouse. Please use the side entrance directly into Eve from the veranda.
2. If you believe that you are exhibiting any of the symptoms of the Covid-19 disease, whether or not you have had a positive test for the virus, you should NOT use any of the Club facilities.
3. If you develop any of the symptoms of the Covid-19 disease in the three days after you have used any of the Club facilities, please let us know, so that we can inform other members of the

## **COVID 19 PROCEDURE FOR USING THE TOILETS**

Please do not use the toilets if you have any symptoms of Covid 19. If you develop symptoms after being at the club, please let us know.

### **FIRST OF ALL**

1. Please remember that whatever you touch will potentially be contaminated and that if you touch anything without first sanitising your hands you might contaminate it for the next person.
2. Only one person at a time in the toilet area, unless you are caring for a child under 12 years or a dependent person, in which case two people at any one time.
3. The area is available only for use of the toilet - do not change clothes or use the shower.

### **PLEASE FOLLOW THESE STEPS**

1. Use the direct entrance to Eve only – not the main clubhouse entrance or the door to Adam.
2. Check that the “vacant” notice is showing. Turn it to “engaged”. (Your fingers might now be contaminated by previous use.)
3. Unlock the door – the code is still the same as last year. (Your hands might be contaminated again)
4. Follow the marked corridor to the toilet area. Please do not stray outside the marked area, or duck under any tape. If it is stiflingly hot inside, you can open the rooflights, using the remote controls mounted on the wall

5. Wash your hands at the basin with soap and water for at least 20 seconds. Use your elbows or the back of your hand to turn the taps on and off.
6. Use some toilet paper and the spray sanitiser in the toilet cubicle to wipe the toilet door handle, seat, flush button. Put the paper down the toilet.
7. Use the toilet and wash your hands again for 20 seconds. Use your elbows or the back of your hand to turn the taps on and off.
8. Wipe the surfaces again with toilet paper and sanitiser, as before.
9. Before you go out, take some sanitiser from the dispenser by the basins onto one hand. Use your other hand to open the door and to lock it on the outside. Turn the "Engaged / Vacant" notice back to "Vacant". Rub both hands together to sanitise again and rub sanitiser on the door handle and lock.