

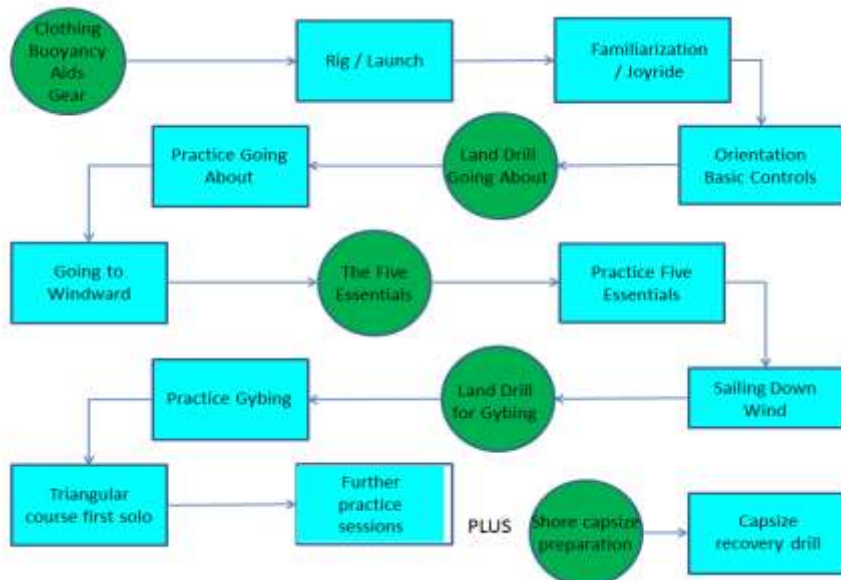
Beginner / Improver Sailing Training 2018



Thurs 5th, 19th, Sat 21st, Sun 8th, 15th April,
then every Thursday from 3rd May till 29th November

Beginner training will cover the basics – boat rigging and preparation, tacking, the “Five Essentials”, gybing, sailing round a triangular course, as well as more advanced topics such as capsized and man overboard recovery and coming alongside (if time allows).

The course will follow the RYA Teaching Method



Do the course in your own, or use one of the Club, boats



No need to do all the sessions – dip in as and when you can!

Cost is £20 per person per session for Club Members

Sign up on the sheet in the Club or send an email to sailing@hcsc.org.uk

Sessions will continue on
Thursdays through the
summer